



Sun Safety Policy

Our Commitment:

Cairns School of Distance Education will:

- include the SunSmart policy statement on our school website
- encourage all students and staff to wear hats that protect the face, neck and ears, and encourage SPF 30+ broad-spectrum, water-resistant sunscreen when students are involved in outdoor activities
- ensure that adequate shade is provided at outdoor events
- ensure that SPF 30+ broad-spectrum, water-resistant sunscreen is provided in every classroom.

Our Expectations:

Parents will:

- provide a SunSmart hat for their child and ensure that they wear it to and from school
- support the school's SunSmart policy.

Our Sun Protection Policy aims to:

- design strategies to protect students from the dangers of over-exposure to the sun during school activities
- provide ongoing education that promotes personal responsibility for skin cancer protection and early detection
- provide environments that support sun smart practices
- create an awareness of the need to reschedule work commitments and outdoor activities to support sun smart practices
- promote a sun safe lifestyle which minimizes the dangers of exposure to the sun.

Implementation of this policy is evidenced through the following:

- A compulsory broad brim hat is part of the daily school uniform required for students from Prep to Year 12.
- Shaded areas are provided within the school for student activities and play.
- Sun smart education programs are taught as part of GROWTH lessons.
- Shade and sunscreen are provided for students at outdoor events to use on uncovered areas of the skin.
- Activities are planned to reduce, as far as practicable, time spent by students in the sun between 10.00 am and 2.00 pm.
- The need to wear sunscreen is written into the school uniform dress standard.
- The importance of parents, teachers, ancillary staff and voluntary helpers as role models for students is promoted in relation to sun protection strategies.